



## **INTERACTION GUIDANCE: A STRENGTH-BASED APPROACH FOR WORKING WITH DIFFICULT TO ENGAGE FAMILIES**

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**As a result of this training, participants will be able to:**

### **Relationship Building With Families:**

1. Utilize various specific intervention approaches and treatment strategies that promote positive care giving capacities in families raising very young children.
2. List guidelines for determining what families might be most responsive to specific intervention treatment strategies.
3. Describe the role of the infant-family practitioner or infant-family mental health therapist in establishing and maintaining a therapeutic working alliance with families in treatment.

### **“Interaction Guidance”**

1. Describe the Interaction Guidance therapeutic framework for understanding the use of infant-caregiver interactions to provide insight and understanding of the infant and caregiver’s representational world.
2. Explain how social-environmental factors impact the care-giving potential and capacities of families caring for infants and toddlers.
3. Through the viewing of clinical video vignettes, demonstrate how the social and cultural environment serves as the context for understanding and interpreting family adaptation and coping.

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