



Los Angeles
Child Guidance
Clinic

WINTER 2007

in touch



Early Intervention Training Institute



(L-R) Standing: Dr. Barbara Stroud, Director of Early Intervention and Community Wellness Division and Dr. Victor Bernstein with (seated) the Clinic's Executive Director Betsy Pfromm and Karlee Kirkpatrick, Early Intervention Day Treatment Supervisor.

As a result of the Clinic's pioneering work over the past 18 years in the field of early intervention for the "0-5" population of at-risk children and their families, including nationally recognized training initiatives, we offer individual and customized training sessions which foster the positive social and emotional development of children. Customized trainings, combined with clinical supervision, are provided to "gatekeepers" in the mental health provider community, including: mental health professionals, social service providers, childcare and daycare providers, primary care staff, public health nurses and preschool teachers, with limited expertise in the emerging field of "0-5" mental health. Further, the Institute's target audience

is teachers and service providers who work in communities that reflect high indicators of need and thus increased risk factors (e.g., poverty, domestic violence, street violence and child abuse).

On September 22, 2006 the Clinic's Early Intervention Training Institute hosted a half-day community training on the topic of *Successful Home Visiting: Engaging Vulnerable Families* for 175 service providers. Dr. Victor Bernstein, Associate Professor in the Department of Child Psychiatry at the University of Chicago, conducted the training which focused on understanding and applying principles for strengthening the parent-child relationship by developing strong and meaningful relationships with families.

Other trainings have included working with the "0-5" staff of Ventura County Behavioral Health Department and the San Fernando Valley Community Mental Health Center. As for preschool providers, customized trainings are (or have been) offered on-site at Head Starts and LAUSD early education centers.

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**Customized trainings
increase providers'
knowledge and skills to
assess and treat at risk
children five and younger.**



Message from Chairperson

As we welcome the New Year, I am pleased to provide you with updates on initiatives underway at the Clinic to further our efforts in improving the well being of children and families.

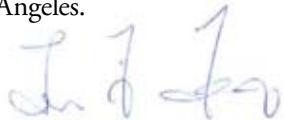
As you will note from the cover article, we are embarking on a planning project for the Early Intervention Training Institute which will guide us in the long-term to respond effectively to training requests, as well as continue to offer customized early intervention training services to organizations and groups in the City, County and Southern California Region.

In our continuing efforts to provide quality care we have invested in an enhancement of our internal procedures through the development and implementation of a Clinic Management Software System. This new electronic chart system will be launched later this year.

To recognize and honor contributions and achievements in the field of children's mental health, as well as those which have made a significant impact in improving the lives of children and families, we have established two service awards. The awards are named after longtime Clinic supporters Dr. Evis Coda and Dr. Quinton James, and will be presented at an Awards Luncheon on April 13 (see page 5 for details).

2007 promises to be a remarkable year for the Clinic and I look forward to your continued interest and support as we make substantial strides in improving the quality of life for children and families in South and Central Los Angeles.




Thomas F. Trott, M.D., Ph.D.
Chairperson of the Board

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Statewide Coverage for Clinic

On January 22, the Clinic was featured on a morning television news program that reached 3 million viewers in California: *Primera Edicion* on Spanish-language Univision. With the goal of educating Latino parents and caregivers around issues of early childhood development, reporter Gabriela Tessier interviewed two Clinic staff members and a representative from Clinic funder First 5 LA. Staff provided information on how to effectively manage problem behaviors in preschoolers, as well as Clinic services and programs.

This tremendous publicity opportunity was made possible by Clinic board member Shelly Holmes who is Vice President at The Rogers Group public relations firm.



L-R: Laura Ojeda, Program Officer of First 5 LA; Juan Alvarez, Parent Partner at PACE Head Start; Sara Morales, Behavior Interventionist at the Clinic; and reporter Gabriela Tessier.

Special Thanks

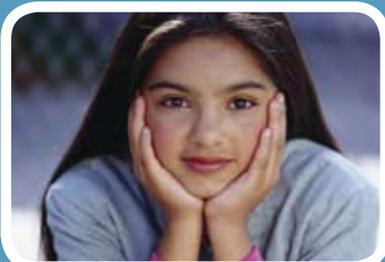
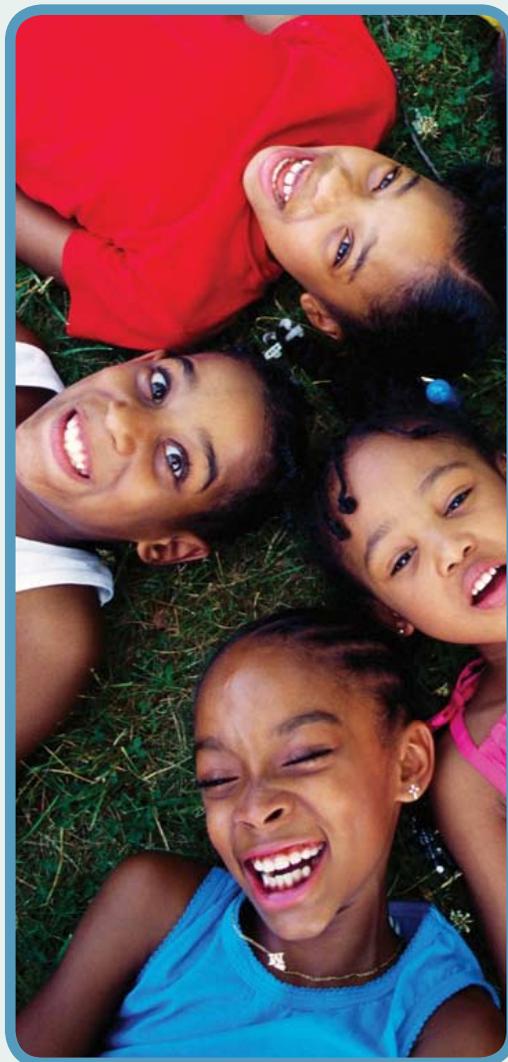


New Supporters

- ♥ **The Carl and Roberta Deutsch Foundation - \$25,000**
The Foundation is committed to enhancing the quality of life for underserved people in Southern California by supporting programs that reduce poverty and support responsible human development. Grant funds will support the Early Intervention Training Institute.
- ♥ **Sidney Stern Memorial Trust - \$2,500**
We are grateful to have renewed a relationship with the Sidney Stern Memorial Trust, which funds higher education and human services programming throughout California. Grant funds will support our First Steps Program providing at-risk families the opportunity to improve their parent-child attachments, greatly increasing children's future successes.

Old Friends

- ♥ **The Atlas Family Foundation – \$100,000**
Funding will support the programs of the Early Intervention and Community Wellness Division, as well as the Early Intervention Training Institute.
- ♥ **Thomas and Dorothy Leavey Foundation - \$10,000**
The Ralph M. Parsons Foundation - \$65,000
S. Mark Taper Foundation- \$65,000
Funding to support intensive home-based services to increase parents' awareness about their children's needs and improve children's developmental course, through our First Steps Program.
- ♥ **ECHO Northrop Grumman - \$3,000**
Carrie Estelle Doheny Foundation - \$8,500
Funding for the Clinic's Early Intervention and Community Wellness Programs, supporting our efforts to intervene early on in a child's life and help prevent future problems.
- ♥ **The California Endowment - \$50,000**
Funding to support the Early Intervention Training Institute.



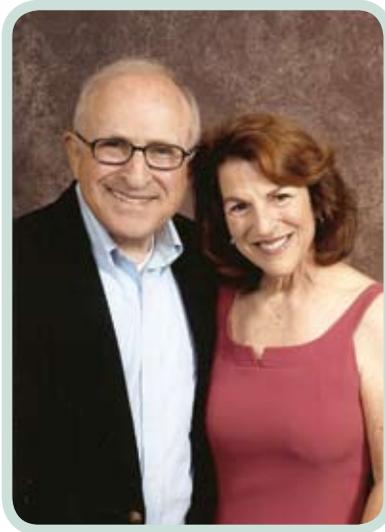
The mission of the Los Angeles Child Guidance Clinic is to provide quality mental health services to a community in great need by ensuring easy access and promoting early intervention.

Donor Profile: Ken Ruby

Ken Ruby has been a supporter of the Clinic since 1989. Ken first learned about the Clinic through a colleague, Eugene Friedlander, a member of the Clinic's board since 1985. Ken and his wife Wendy were impressed with the Clinic's outstanding reputation and the high quality services provided to at risk children and their families. Over the years, the Ruby's have supported program operating costs as well as a capital campaign that raised \$6.5 million and established the Child and Youth Development Center.

Ken has said that his longstanding friendship with Eugene got him "in the door," but the Clinic's commitment to providing innovative and cutting-edge services to those most in need is what keeps him coming back.

Ken Ruby came to Los Angeles in 1957 from Cleveland, Ohio, and helped found R & B Development Company with three other partners, and later Ken Ruby Construction, a real estate development company serving Southern California real estate needs including construction, and management and leasing of commercial, residential income, office and industrial properties. He is a graduate of the University of Pennsylvania Wharton School and enjoys bike riding, skiing, baseball, reading and working with computers.



Ken and Wendy Ruby

Early Intervention Training Institute

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Institute trainings are designed to increase gatekeepers':

- Awareness and knowledge of children's healthy social and emotional development.
- Skills and competencies in relation to responding to children's early behavioral and emotional problems.
- Ability to appropriately identify and refer children in need of bona fide mental health services.

To further enhance training services provided, we are pleased to announce that The Atlas Family Foundation, The California Endowment and The Carl and Roberta Deutsch Foundation have underwritten a strategic planning project component for the Institute.



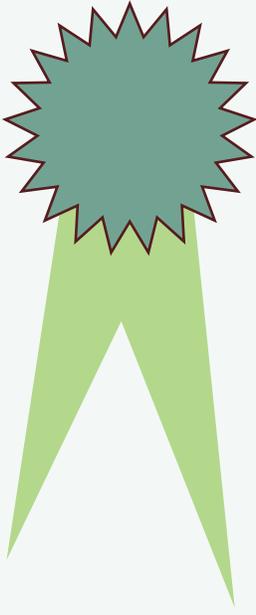
Did you know?

Many, if not most children entering foster care have mental health-related problems. In Los Angeles County 50% of those in foster care are five or younger.

We provide a solution:

As part of a collaborative effort with the County Child Welfare System, the Clinic assesses children under the age of five in the foster care system regarding their mental health, developmental needs, medical concerns and their primary caregiver's ability to provide optimal care.

The Clinic has become highly regarded for its Multidisciplinary Assessment Team (MAT) Services and has been asked to train other providers in these services that are critical to ensure that young children are receiving the services and support they need to reach their developmental milestones.

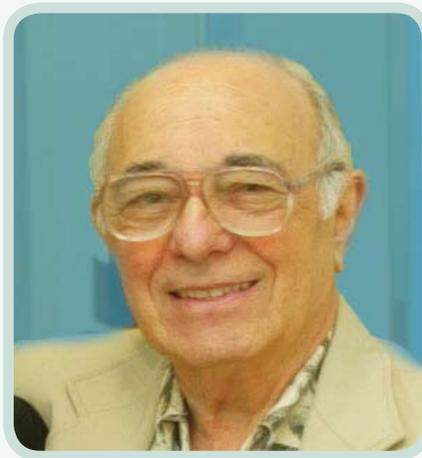


Announcing the Clinic's Annual Awards Luncheon

In honor of the exceptional contributions made in the field of children's mental health by two longtime Clinic supporters, we have established two prestigious service awards.

The first is the *Evis Coda Award for Building Hope for Families* and will be presented to an individual for their outstanding work in the field of children's mental health. The second is the *Quinton James Award for Making a Difference*, honoring an entity, organization or elected/public official who has had a broad impact on improving the lives of children and families.

The inaugural awards luncheon on April 13th will be part of a daylong professional development training for service providers working to improve the social and emotional well being of children under the age of five.



Dr. Evis Coda, an award-winning child psychiatrist whose professional career included Medical Director at St. John's Kennedy Child Study Center in Santa Monica, Medical Director at Los Angeles Child Guidance Clinic and teaching appointments at UCLA School of Medicine and USC School of Medicine. He has published articles on mental health and has served on various national committees and boards in support of children's health services, including the Clinic.



Dr. Quinton James, child and adolescent psychiatrist, has for over 45 years pursued his passion to help children and families in Central and South Los Angeles. His many endeavors in children's services include work with LAUSD as a child psychiatrist, serving as Chief of Child and Adolescents Services at King/Drew Hospital and Professor of Clinical Psychiatry at USC School of Medicine. He has served on the Board of Directors of the Clinic for 16 years and is a past Chairperson.

For more information on the event, please contact Amanda at (323) 766-2360 extension 3360.



Save the Date: June 2, 2007 Family FunFest

The ninth annual Family FunFest, a Mental Health Community Awareness Fair, will be held Saturday June 2, 2007 from 11:00 a.m. until 3:00 p.m. Food, games, pony rides and family-centered entertainment will be provided, as well as assistance on how to access mental health services. Families will also be provided with information on how to link to other valuable community resources such as social service providers and entitlement programs, including Healthy Families and Medi-Cal. Please call Amanda at (323) 766-2360 x 3360 to volunteer with face painting, children's crafts and games, and food service.

Celebrating over 80 Years of Service to the Community!

**Los Angeles Child Guidance Clinic
Established 1924**

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Child and Youth Development Center
and Administrative Offices**
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Los Angeles, CA 90007
(323) 373-2400

**Exposition Park Office
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Building**
3787 South Vermont Avenue
Los Angeles, CA 90007
(323) 766-2345

Leimert Park Office
4401 Crenshaw Boulevard, Suite 300
Los Angeles, CA 90043
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Access to voicemail for all three offices:
(323) 766-2360

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